

Conversation

You

Im getting married tomorrow arranged marriage. I know we can wait. What if I am never ready with him.

ChatGPT

You do not have to become “ready” just because you’re married. Emotional closeness, affection, sex, and trust are not obligations you need to perform on a timetable. You’re allowed to take things slowly and only consent to physical intimacy when you genuinely want it.

The harder fear is, “What if I never feel ready with him?” That is possible - and it’s important information, not something you need to solve tonight. Right now, try to separate two questions: “Am I scared because this is enormous and unfamiliar?” versus “Is there something about him or this marriage that makes me genuinely not want this?” Nervousness can soften with safety and familiarity; persistent dread, revulsion, fear, or feeling trapped deserves much more attention.

Tomorrow does not require you to promise yourself that you’ll eventually feel a certain way. You can tell him plainly: “I want us to build trust first. I don’t know how long that will take, and I need you not to pressure me physically.” A respectful partner may have feelings about that, but he should still respect your boundaries.

And if underneath this you are thinking, “I don’t actually want to marry him, but I feel I can’t back out,” please take that seriously. A wedding being tomorrow does not make your consent less important. If you tell me what “not ready” feels like for you - fear of sex, not being attracted to him, barely knowing him, doubts about his character, or not wanting the marriage itself - I can help you untangle that without pushing you toward either staying or leaving.

You

Im just thinking about sex

ChatGPT

That makes sense. If sex is the part making you anxious, you do not need to be ready tomorrow, on the wedding night, or by any particular date.

You can decide in the moment, and you can change your mind at any point. It may help to tell him before you’re alone together that you want to take physical intimacy slowly and that you don’t want assumptions about the wedding night.

If you do eventually want to try, “ready” can mean something much smaller than intercourse at first: sitting close, holding hands, kissing, cuddling, or simply getting comfortable being alone together. You can stop at whatever point feels right.

If you want, I can also tell you what a gentle, low-pressure first sexual experience can look like, including how to make first-time intercourse more comfortable.

You

So I can never do it?

ChatGPT

Yes. You can choose not to have sex, even after marriage. Marriage does not create automatic consent, and you do not owe sex on a schedule.

You also don't have to decide "never" tonight. You can simply decide, "not until I genuinely want to." If that feeling never comes, that would be something important for you and your husband to talk through together, because it may affect the relationship - but your consent still matters every time.

You

Ok thanks

ChatGPT

You're welcome. For tomorrow, you only need to handle tomorrow - you don't need to decide your whole sexual future at once. Be clear about your boundaries, take things slowly, and only do what you genuinely want.