

Conversation Transcript

Holiday privacy incident - 18 September 2026

You

My girlfriend and I are away on holiday with friends. I went to have a sleep and my girlfriend gave our room key to one of the girls to get sunscreen. She walked into the bedroom as I walked out of the bathroom naked. I did not know what to say. How should I have responded and what should I say to my girlfriend.

ChatGPT

That sounds intensely awkward, but it also sounds like a genuine accident rather than something you did wrong.

In the moment, a perfectly reasonable response would have been something simple like, "Oh shit, sorry-I didn't know anyone was coming in," and then grabbing a towel or stepping back into the bathroom. You didn't need to explain yourself or manage her reaction beyond that; you were naked in your own bedroom and had no reason to expect someone to enter.

With your girlfriend, I'd focus less on blame and more on the fact that you want a bit more privacy around the room key. You could say:

Hey, that situation earlier was really awkward for me. I know you obviously didn't mean for that to happen, but I had no idea anyone was going to come into the room and she walked in just as I came out of the bathroom naked. Could you please check with me before giving someone our room key or letting them go into the room if I'm in there? I'd just like to know I've got privacy.

I wouldn't make the conversation about the other girl having seen you naked unless there's some additional behaviour afterward that makes you uncomfortable. The main issue is straightforward: when one of you is occupying a shared private room, the other shouldn't give someone access without warning them.

And if you froze and said absolutely nothing when it happened, that's also a completely normal response to being unexpectedly caught naked. You don't need to go back and somehow "fix" your reaction.